



Grades of bleeding or Exercise Induced Pulmonary Haemorrhage

Grade 0

No blood detected in the pharynx, larynx or main stem bronchi visible from the tracheal bifurcation.

Grade 1

Presence of one or more flecks of blood or ≥ 2 short [less than one-fourth the length of the trachea] narrow [$< 10\%$ of the tracheal surface area] streams of blood in the trachea or main stem bronchi visible from the tracheal bifurcation.

Grade 2

One long stream of blood [more than one-half the length of the trachea] or > 2 short streams occupying less than one-third of the tracheal circumference.

Grade 3

Multiple, distinct streams of blood covering more than one-third of the tracheal circumference and no blood pooling at the thoracic inlet.

Grade 4

Multiple, coalescing streams of blood covering $> 90\%$ of the tracheal surface with blood pooling at the thoracic inlet.